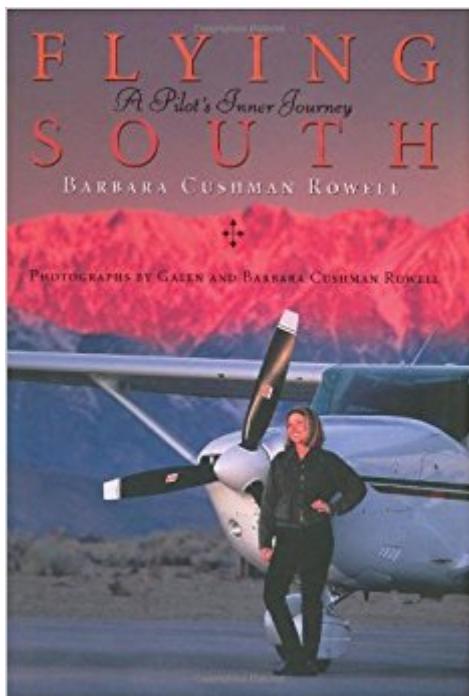


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# Flying South: A Pilot's Inner Journey



## Synopsis

Flying South A Pilot's Inner Journey by Barbara Cushman Rowell Photographs by Barbara and Galen Rowell Call it love at first flight. Barbara Cushman Rowell was already a powerhouse by anyone's measure, but it wasn't until she tried flying that she found the inner fulfillment and sense of self she'd longed for all her life. As the driving force behind husband Galen Rowell's business success, Barbara's adventures and accomplishments had always been the byproduct of her husband's career. Until, that is, she took off and sailed into a strata all her own. FLYING SOUTH is the hair-raising, reflective, and ultimately inspiring story of Barbara's trip of a lifetime—a 25,000-mile, 57-leg journey through Latin America and the recesses of her soul, discovering unrealized self-confidence, irrepressible resourcefulness, and vast reserves of emotional and physical strength she never knew she had. And what a journey it was. She recounts landing in the middle of a coup in Panama, narrowly escaping disaster when key flight instruments failed over Peru, flying herself to an oral surgeon after a mouth-smashing rafting accident on the Bio Bio River in Chile, fighting plane-shredding winds over the Andes, and surviving a life-threatening and disorienting tropical storm off the coast of Brazil—all while navigating the pervasive and demoralizing chauvinism of the aviation world. But much more than a harrowing page-turner, Barbara's tale of finding herself through flight inspires us all to go after the experiences we long for, and to live the lives we only wish for. --This text refers to an out of print or unavailable edition of this title.

## Book Information

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## Customer Reviews

&#x95;Includes over 100 stunning photographs, principally by Galen Rowell. &#x95;Adventure travel doubles as inspirational manifesto for women trying to find their own direction in life. &#x95;Rowell is a role model for every woman who longs to nurture her own aspirations. --This text refers to an out of print or unavailable edition of this title.

BARBARA ROWELL is the president of Mountain Light Photography, a stock-photo agency, fine-art gallery, and small press co-owned with husband/ partner Galen Rowell, as well as a former director of public relations for the North Face. Her photographs have been published in National Geographic, Outside, and Plane and Pilot, plus countless travel catalogs. She flies a Cessna 206, which is fitted with custom photo windows for aerial photography. She and Galen live in Bishop, California. GALEN ROWELL is a world-renowned nature and adventure photographer and explorer. He is the author-photographer of 17 illustrated books, and has gone on assignment for Life, National Geographic, Outdoor Photographer, Audubon, and other publications. He is the recipient of the Ansel Adams Award for his contributions to wilderness photography, the Lowell Thomas Award for travel photography, and a National Science Foundation artist&#x92;s and writer&#x92;s grant to photograph Antarctica. --This text refers to an out of print or unavailable edition of this title.

This book by the late Barbara Rowell, wife of the famous mountain photographer and mountain climber Galen Rowell describes her amazing journey with Galen (a non-pilot) and one other plane from CA to Chile, then truly solo over the Andes and back up the So. American coast to FL and back to CA. Along the way, she "finds her real, inner self" and learns to trust herself more than others, especially men.

It was slow reading in the beginning. Too much detail. About the middle of the book it became more interesting. Maybe if I was a pilot I would have enjoyed it more. Some of the decisions she made were not very well thought out. She repeatedly made poor choices, which made me want to yell at her.

The pictures of South America are amazing. This is the third time I've bought this book...I keep loaning it to people because it was so interesting! Sad that they died so young....

This book is a fascinating look into the world of the risk-taker and the cult of risk-taking. There is no doubt that Barbara Cushman Rowell took an inner journey. She lays all her fears before us and

conquers them. Along with this journey are her husband Galen and fellow pilot Doug Tompkins, two wild adventurers who lead Barbara into risky decisions she usually regrets. In the process of wrestling with herself, her husband and Tompkins she puts us inside the cockpit during harrowing landings, inclement weather and her own demons.

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This book revealed what Barbara was living, not editing out what was politically correct, not covering up the flying mistakes that would be embarrassing to most, not holding back on insights of strong dominate individuals in her life who can make decisions difficult in and out of the cockpit. In this book, Barbara was true to herself and her readers, in her decision-making, her skills and her growth as a person. As a pilot I learned from this book, good pilots are always learning, as a woman I learned from this book, trust your instincts and as a person I learned from this book, live your dream. Well written and difficult to put down.

An excellent story of a woman taking charge of her life and her identity.

This book is not only extremely entertaining but also a great collection of beautiful color photographs of different spots "South of the border...WAY South." The author bears her soul for the reader in such a manner that you will feel you're sitting right next to her in the cockpit of her single-engine Cessna as she flies herself (as well as her husband and brother) to the adventure of a lifetime. Some will say she was a bad pilot. Who are we to judge? She was a brave soul and I am glad she had the courage to share her experience with the rest of us "safe" pilots. Barbara's book is an inspiring story of self-discovery. One that pilots and non-pilots alike will enjoy.

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